



**Office Opening Hours:**

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Monday - Friday  
10.00am - 5.00pm

The DoorWays Project is funded by grants from a variety of Trusts, local churches and individuals; the project also welcomes volunteers.

If you would like to help the Project in any way, please don't hesitate to contact us.

Contact us on Facebook / email / Website  
Telephone 01287 625305 or Text 07769694121



**About DoorWays:** The project was established in 1998 and is managed by Saltburn Christian Projects, a charitable company limited by Guarantee. It is an ecumenical initiative of the churches in Saltburn-by-the-Sea.

The project aims to work with young people aged 13-25, living in and around Saltburn. To develop facilities and support networks that will benefit them, and to provide the kind of support, advice and information that compensates for the difficulties faced by many young people in the area.

Funded by: Northern Rock Foundation, Redcar & Cleveland Stronger Communities Fund, Routes to Employment, Agnes Spencer Trust, Easy Access Fund, Saltburn Marske & New Marske Parish Council, Leader Programme (small projects).



2 Station Buildings  
Station Square  
Saltburn-by-the -sea  
TS12 1AQ

Tel : 01287 625305

[www.door-ways.co.uk](http://www.door-ways.co.uk)  
[info@door-ways.co.uk](mailto:info@door-ways.co.uk)

Call us on: 01287 625305

See our Website:  
[www.door-ways.co.uk](http://www.door-ways.co.uk)

## An Invitation to DoorWays

Approaching DoorWays may be a chance for you to enter in; to realise opportunities and refresh direction and purpose.

Being outside or even on the edge requires determination and courage; DoorWays accepts these strengths without question.

This old station building may be a new starting point, to embark on your journey and see perhaps not for the first time, new horizons of possibility.

DoorWays supports development of the individual, working to encourage growth and release potential. This journey may be short or long, either way the results can be lasting.

## Through DoorWays

- **Fuelling** - Food & drink, Healthy options and what to avoid. Budgeting and managing money.
- **Activity** - Caring for ourselves. Exercise, hygiene and general health.

- **Reflection** - A bigger picture. Thoughts and ideas, meditation and noticing our inner self.
- **Creativity** - Bringing your ideas into form. Art & Craft.
- **Surroundings** - More than just me. Culture, equality, ecology. Home and the wider community.

*"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure".*

## Within DoorWays

- One to one support & advice.
- Here to listen and work with you.
- Advocacy - help fight your corner.
- Job search / applications / benefits.
- Write your CV here; print & post.
- Support in homelessness.
- Workshops: Risk taking behaviour.
- Games / activities / Art & craft.
- Large screen DVD movies
- Multi-media projects.
- Safe Internet Access.
- Pool table.

